

# WALLER WEEKLY NEWS

APRIL 5, 2013



Arinosa did it again. At Rosehill on Saturday she swooped down the outside to capture her first win at Group level. She is Lynlea Puglisi's pride and joy, and rightfully so as she selected the daughter of Dash for Cash herself at the Inglis Melbourne Premier Sale where she was purchased for \$32,500. It wasn't that long ago, on the first day of this season at Hawkesbury where she stepped out and won a mid-week race at Hawkesbury. Chuffed with her effort on that day, David and Lynlea commented that the prize-money paid for their trip up and a stay in Sydney so that was nice. Since then and including Saturday's race, she's given them and the team here at CWR plenty of thrills including a Grey's Race victory in Melbourne and a Listed win at Warwick Farm.

The Melbourne stable is hotting up with two great debut performances from Mulaqen and Fulgur at Sandown on Wednesday for third placings. There certainly appears to be more to come from these two. Meanwhile in Sydney, from the same batch of imports, Index Linked finally broke through after two promising runs prior. Racing sometimes in a rather unruly fashion, he's slowly improving and once he sorts his racing manners out, he looks like another that will go through the grades nicely.

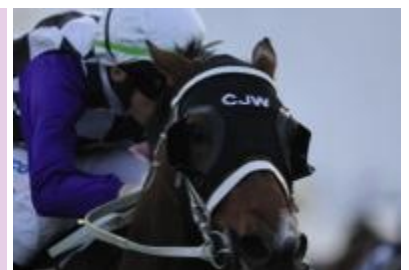
The pressure is on tomorrow with 9 runners at Group 1 level plus the Group 1 winning Kiwi mare Say No More stepping out in the Group 3 Sebring Stakes for the stable for the first time and Hoylonny, Lunayir and Said Com going in to battle in the Cellarbrations Neville Sellwood Stakes. Can our seasoned tough guys Shoot Out and Danleigh or our exciting French Derby winner Reliable Man take down the young gun Pierro? Will tomorrow be Red Tracer's day to secure that elusive, slippery, coveted Group 1 win? How will our plucky fillies Royal Descent and Hoybell fare in their Group 1 debuts? And then there's the big one, the \$2,250,000 Group 1 BWM with Foreteller, Kelinni and Gatewood...

So much to look forward to needless to say, we wish everyone the best of Golden Slipper weekends wherever you're watching from!

[Click here](#) for Chris's video preview of tomorrow's racing.

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- CHRIS'S THOUGHTS ON PRE-TRAINING & MEET DUKE
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**Arinosa** (Dash for Cash – Amoroso by Revoque)

**Owners:** Mrs LD Puglisi     **Jockey:** Brenton Avdulla  
**Race:** G3 Ascend Trophies Birthday Card Stakes (1200M)     **Margin:** 1.8L  
**Review:** It was all bad luck for Arinosa at the barrier draw for the Ascend Sales Trophies Birthday Card Stakes, but she made her own luck in the running of the Group 3 race for fillies and mares ... and it was all good! The ghostly grey jumped from the widest gate in the field of 12, and was taken back by her regular pilot, Brenton Avdulla, to settle worse than midfield, three wide but with cover. Arinosa travelled strongly in transit as Altar and Miss Stellabelle matched strides out in front. Inside the final 600m Avdulla pushed Arinosa along to track Ever The Same into the straight, before peeling off that horse's back with plenty to offer. The highly-rated Melbourne filly Shamal Wind weaved through the field with intent approaching the final furlong, but her dashing late burst couldn't match the booming finish of Arinosa out wide. Without question one of the most improved horses in training, the Dash for Cash mare again won with authority to end Rosehill Guineas day spectacularly for her connections and all involved at CWR.

**Next Stop:** TBC

**Index Linked** (Dansili –Fully Invested by Irish River)

**Owners:** FW Cook, Mrs CM Cook, I Bruce, NRJ Werrett, Mrs CA Higginbotham, KJ Pryke, Mrs LF Huddy, GL Huddy, DM Ackery, GJ Kriukelis, Ms K Morris, CJ Waller, Pony Up Syndicate  
**Jockey:** Chris O'Brien  
**Race:** Newcastle JC Smirnoff Maiden Plate (1500m)     **Margin:** 1.3L  
**Review:** Index Linked ventured to Newcastle well poised to break his maiden after two very encouraging runs since arriving in Australia. Stepping up to the more suitable distance of 1500m, the imported son of Dansili travelled strongly from the outset, and in fact was a touch keen early in the absence of any real pace. However, as the field took shape Index Linked soon settled well for Chris O'Brien in a lovely midfield position, one off the fence with cover. In a confident ride on the race favourite, O'Brien produced Index Linked with plenty of time and came around runners into the straight. The big gelding sustained a strong run to win in the manner of a horse on the way up. Index Linked will take great benefit from this win and will certainly improve further with more race experience. Promising stable-mate and fellow import, Multilateral, impressed in running second and he too will progress from here.

**Next Stop:** Short break.

**Casual Choice** (Choisir – Lackadaisical by Star Pyramul)

**Owners:** Supreme Syndications No 2 (Mgr: F Galluzzo), K S Aitken, Mrs J Ward, Mrs M A Metcalfe, A Aceti, Mrs S Vranic, D A Leach, B S Stoddart, S McClintock & Swingras Mooconjo  
**Jockey:** Jim Cassidy  
**Race:** Facebook.com/Sydneycarnival Handicap (1400m)     **Margin:** 1.5L  
**Review:** Still in his first racing preparation, Casual Choice hinted at bigger things to come in securing his second career win as racing returned to Royal Randwick. A striking son of Choisir, Casual Choice settled towards the rear of the field with a handy collection of three year olds in front of him. In-form hoop Jim Cassidy let Casual Choice slide forward inside the final 600m, before presenting the handsome chestnut widest of all into the straight. Given plenty of time to balance up, Casual Choice let down strongly and with 100m to go sailed past his most worthy adversary, Rich 'N' Famous, to nail down victory in good style.

**Next Stop:** Listed 1400m event at Randwick, 20<sup>th</sup> April.



Thanks to [www.bradleyphotos.com.au](http://www.bradleyphotos.com.au) for the use of their race shots  
 and to CWR foreman Glenn Barnes for his race reviews.

## CHRIS' THOUGHTS ON... PRE-TRAINING

First of all, you need to start with a healthy horse. There's no use starting with a horse that's growing, is still required to put on weight and for that matter, you don't want to be starting with a fat horse as they lose their athleticism and put extra pressure on their bodies. We work off four weeks of pre-training and then they should be ready to go three quarter pace over 800m. Over the past few months however, we have had a bit of a backlog of horses in the stables and we've seen the benefits of giving horses five to six weeks pre-training which seems to give them a better base fitness to start from. Once they are going three quarter pace, they have two gallops per week and each week we step them up to the next level. After two to three weeks of that, they are ready for a gallop at full pace, stepping up the distance each week and then as a guide, they should be ready to trial 10 weeks into their preparation.

In the upcoming weeks, we're going to follow the progress of a two year old, by Duke of Marmalade out of Madam Spank, as he goes through the pre-training process. Funnily enough, his friends at Boynton Park know him as 'Duke' and up until this week, he's enjoyed the quiet life, dining out on the lush Boynton grass and as you can see by the photo, he's really let his hair down. First stop for him this week was the hose bay for a good shampoo and tidy up. Thanks to Cheryl Roberts and the team at Boynton for their help with this new section and we look forward to next week's update.



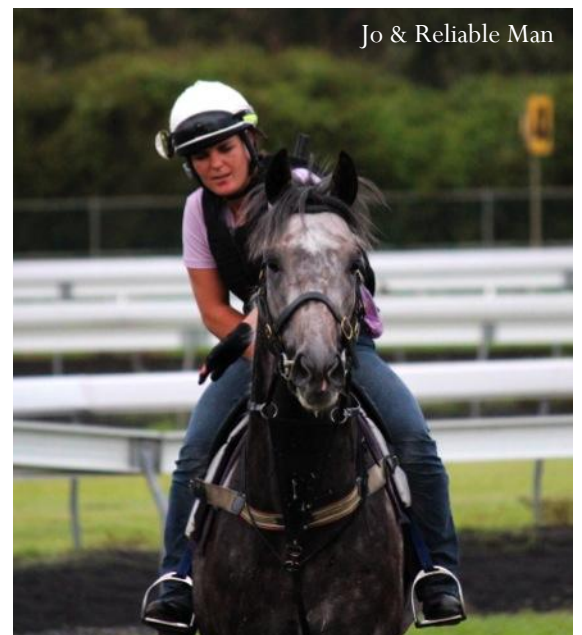
## FROM CHANTILLY TO ROSEHILL

Some people might be wondering whom the remarkably good-looking grey is that the stable has entered in Saturday's Group 1 George Ryder Stakes at Rosehill. Well he's Reliable Man and he's another that hails from the Northern Hemisphere. Reliable Man isn't just any import however; he is the highest rated, currently active horse to come to Australia and has some impressive credentials most notably a victory in the Group 1 Chantilly Prix du Jockey Club (2100m) or 'French Derby' for we colonials.

He has raced against the likes of St Nicholas Abbey, So You Think, Nathaniel and Danedream while his good looks and pedigree, being from a stakes winning daughter of Sadler's Wells, will see whatever he does on the track a bonus to what will be a promise-filled career at stud for him eventually.

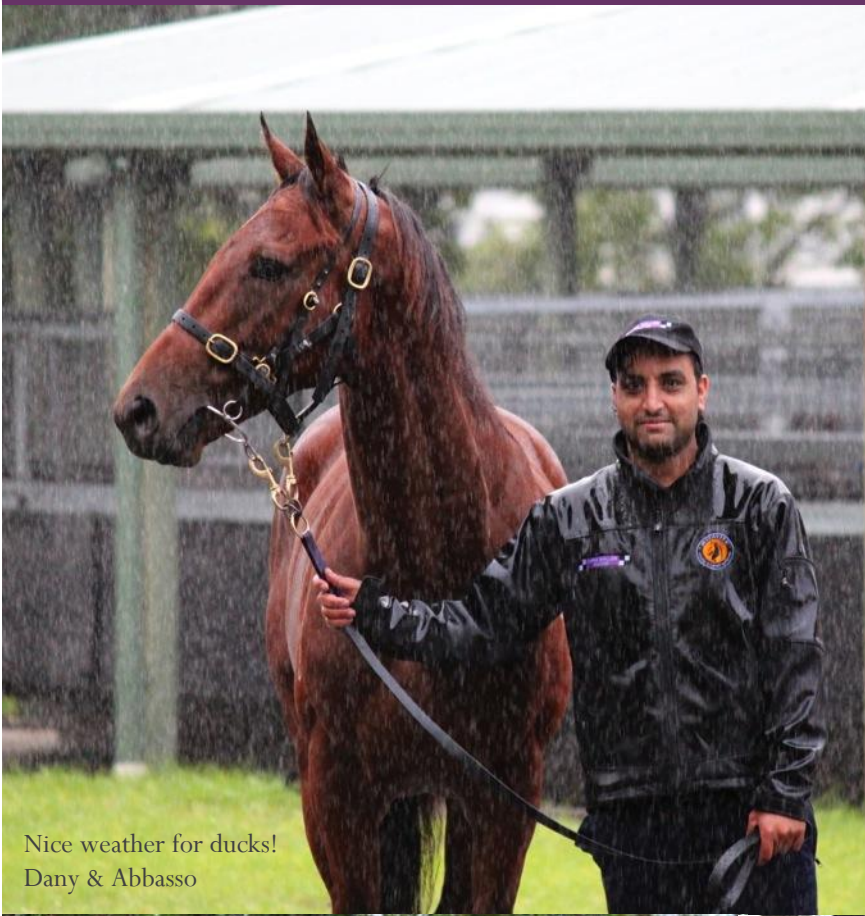
Reliable Man comes from a long line of French Derby winners with his sire Dalakhani winning the race in 2003, and in turn his sire Darshaan the victor in 1984. Incidentally, it was announce this week that Dalakhani will be shutting to Australia to stand at Cornerstone Stud. This preparation will be a light one for the 5yo with his main target this year being the Group 1 Cox Plate.

Test your French and watch Reliable Man's French Derby win on [Youtube – CLICK HERE.](#)



Jo & Reliable Man

THE WEEK IN PHOTOS



Nice weather for ducks!  
Dany & Abbasso



Kat & Loophole



Lee & Coup Acclaim



Dwayne & Mulaqen



Tim's meals on wheels!